

# namaste

## numerology information

For you to get a better understanding of why you are here and what your purpose is in this life, it is very important to get a firm grasp of Karma and what that is all about. Please remember that anything you read may or may not make any sense to you immediately or ever. If it does, see where that leads you, explore those thoughts and feelings. If not, then perhaps you are not ready yet or you simply cannot use that information in your life – leave it alone and avoid mulling over it. For you to understand is for you to move forward and for intent of understanding your chart and your life, you need to believe in Karma.

Our soul is like a ball of light, born into this world like a child and it knows “nothing” (when in reality it simply remembers nothing) and is allowed to learn everything. You have a specific path to follow (scripted by yourself before you even set foot on the Earth) and so, specific lessons to be learned. It is prudent to stick it out through all those lessons and make recognition of them to ensure they are not repeated. Well, we all like the good to repeat. There is a well known saying that describes the very definition of insanity being the act of doing the same thing over and over again expecting a different result each time. Recognising patterns and actively rerouting is the only way to move forward. So whilst we are busy learning these lessons, we are inevitably creating new Karma for ourselves. Good or bad... It’s also known as cause and effect! All living beings experience Karma. We see planetary Karma affecting us daily in natural disasters or disease. We have 2 planets in our personal numbers and they give us an indication of the Cosmic Karma we attract from other planets. They come in the form of physical ailments and in so doing there is an emotional ailment attached to it. It matters not what life path you walk, we are all in agreement that whatever you do comes back to you. Some believe only in this life. Others find it harder to believe on this life because they have negative experiences despite their honest intentions in this one. Whatever you believe, it is true – we must see the effects of our own actions at some point and this can only happen when we experience it for ourselves.

In the Torah (Jewish bible) it says a man’s character is in his name. The letters are attached to a certain number and every single number vibrates to its own personal energy. That energy has both a positive and a negative (as does everything balanced in life) and so when you have a look at your name and numbers and the energies that are working with one another, you start to see a glorious picture. Our date of birth shows us the path that we have chosen and a gives us a rough idea of lessons we must go through. But your name is where your character lies and within it the strengths and weaknesses to walk that life path. So then it’s all set and it matters not what you do, we’re just doomed to see that final end result. I wish!

Ignorance truly is bliss! No... You have free will to do whatever you please. Having a specific life path just means you are destined to have X, Y and Z happen to you. How you handle it and everything in between is all up to you and that comes from your name. An example of this is the same things happening to 2 different people. The result is never the same. The one person with unfavourable numbers, will most likely find it very difficult to deal with the circumstance but the person with favourable numbers will get up, dust themselves off and move on with it. A perfect example of this is twins.

Often a man will say that his wife is not the same person he married whether for the better or not. It’s so true – she isn’t! Once you change your name, you start to vibrate to different energies. She has taken on a new name and new energies. One should always be careful in assuming another name, without doing your numbers you can never be certain if it’s a good idea however, you should always listen to your intuition. If it feels wrong, it is. Another example of energy and personality shifting is nicknames. We can all relate to this - we act differently around people who call us different things. For example, I act differently around the people who call me Cathryn to those who call me Cat or Cath and I’m a complete \*\*\* to people who call me Cathy, no idea why? I just really don’t like being called that If you ever wanted to change your name, this would usually be done with the middle names, it’s very rare that I assist someone in a first name change.

So what is in the name? Well, as I've said before – you have mapped it all out for yourself before you arrive. Yes, you've chosen your name and whispered it into your mother's soul from her womb. You've chosen your date of birth, parents, country... Everything! You have left nothing to chance. All the information you will learn in your chart is about that journey that you have mapped out for yourself. You will need to accept this and take responsibility for it.

Your Karma will always come, as sure as the sun will rise and set - there is no avoiding it. Having said that, there are varying degrees in feeling the effects of that Karma. You can minimise it or maximise it by planning around who you are at the core and the life you've chosen. For instance, if I could see an accident in your future and you send your car for a check up and wear your seatbelt and you still have the accident, it was your Karma however, the mere fact that you set out precautions, it meant the difference between a broken wrist or being paralysed. Financial stress, planning can mean the difference between a financial slap on the wrist versus your home being repossessed. Same goes for if I see business success in the next 3 months and you take that leap of faith, it will maximise your outcome.

In the Cosmic world of Karma, judgement is a very harsh personal space to reside in. You have no idea where a soul is in its incarnation journey, nor the lessons it has chosen to learn for itself, be that via murder, abuse, affairs, theft etc... Although I have use these word a lot – there is no such thing as right or wrong on a grand scale. Only what is right or wrong for the individual soul. At the end of the day, the soul is simply trying to accomplish something. When a soul commits an offence that the world deems "wrong" the soul may go to prison as punishment, but in essence, they have paid mans law and not Karmic law. Who knows?

Perhaps the prison sentence is something th soul has chosen to learn and needed a means to get there? Karma is a very fair and exact method of payment – it always allows us to see both sides of the same coin. In simple terms, I can pinch you, and apologise because I have to or because I can imagine that it may have hurt you - but I don't really know the effect it's had on you or your life. You begin to not understand why I would have done such a things a and already decided what my intentions were. The only way that debt can be paid is for me to feel what I have done and for you to feel what I went through doing it. Once the reverse action has been done, judgement on both parts is eradicated and Karma has been settled fair and square. Well? Did you recognise that as a lesson or not?

New Karma is often drafted when this simple exchange is made and it's not recognised and ugly little things like revenge or grudging creep in. Sometimes this is shared by whole families and we end up with family feuds and family Karma which will be paid back in many lifetimes. It's best to respect and understand the Universal laws and yourself.

Ahhh... Forgiveness you say? Another topic of hot debate! We are taught from very young to forgive people in a healing manner – for them. In so doing, we find ourselves on the other side of the double edged sword and become arrogant enough to assume that a person should suffer until we decide that they have been hurt as much as we have before you allow them off the hook. That somehow they should rot in the abyss of despair until we are ready to let go of our pain!? It is not our place to punish someone. If there is anything you can believe on this page, it's that people punish themselves for what they've done much more than anyone else could. Think about a moment that you feel serious guilt over – Did anyone ever have to tell you what you did? I'm sure you're still finding a way to torture yourself with it. Some people need to hear you say that you have forgiven them – but give it to them freely. Their soul is learning and it will guide them. And in the same breath – forgive yourself. For everything. There are no rules – just lessons. Learn them.

I think I need to touch on free will a little more. Human emotions block us from moving on and living lives for other people and ignoring our own journeys. You know that saying, we truly reap what we sew? Yup, and it's often due to a poor use of our very own free will.

The Divine does not even dare rush in to assist us without our consent. But we as humans have no compunction about rushing in and interfering... I mean helping. I'm sorry, it's hard to hear, but helping is interfering with life lessons. You are stepping in and learning those lessons for that person, taking on their Karma! Why on Earth would you do that to yourself I wonder? As if that isn't bad enough, you are not allowing that soul to grow, so when you are trying to protect it, you are essentially damaging it? Before you do something to or decide on something, ask yourself who you will be affecting and if it's only you, you have a green light.

We all see what it is like to be male, female, each sign of the zodiac etc...we cannot grow as a spiritual being without having had our fingers in all the pies. It has been written that it generally takes 144 human years to re-incarnate, resting and learning in times between. Karma is continually being credited and debited because we cannot live amongst humans without causing some sort of emotion, good or bad purely because our perceptions are as unique as the prints on our fingertips! There may be 2 sides to a coin, but there are undoubtedly at the very least 3 sides to a truth. Yours. Mine. And what's really going on.

Another torture mechanism that Homosapiens are very familiar with is the "Why" and "Why me" Twins. Unless you really want real life answers, stop asking. The Why Twins live in the phrases, "History repeats itself" and "Sins of the father". We've all been kids. We've all seen grownups around us do something awful at some point and sometimes it's to us and sometimes to others and we move into that space we spoke of earlier called judgement. Our father drinks and beats our mother or abuses us and we hate our father for doing it and we hate our mother for not having the guts to stand up to him or leave. It's in that moment that the Why Twins are born inside us and live there for our whole lives.

The Twins only survive because they feed off our judgement and lack of empathy. If you do not understand it, you question it. But when we are that passionate about something, we get a passionate answer and the Universe does not have a fax or e-mail or mobile to say hey: "It's their Karma, not yours - They're learning something over here, so mind your own business (Karma). The only way it can help us to get to a space where we can fully understand and find empathy is to make you go through exactly that situation so we can experience the events leading up to the moment which we defined ourselves on. And most times we don't even realise it's happening until one day you wake up and you look in the mirror and you see your parents. No, you're not a failure. You're just getting the answer you've been asking for all this time. Start paying attention to your life. Look to your past and ask yourself what did you ask why to and see if you are not already living the answer?

I feel that I should talk about the "negative" numbers. They are not negative numbers at all. As I have said before all numbers have a positive and a negative. We have just grown accustomed to things feeling negative. An example of this could be the number of the triangle, which means 3 people in a sexual circle. For a devoted married couple, this is the end of a marriage whereas a young group of people who are experimenting, it's fun and exciting. So again, it's a matter of perception. Let's face facts.

We're human and human's love to know the bad stuff or not know it and dread it. We love the good stuff and want that to happen, but when good news is staring in the face of bad news, we all know who wins that fight... In general!? The point I am trying to get across is that when the going is good, we won't change and without change, we cannot grow. And so basically, we only change when something kicks us from our comfort zone and this is usually through something painful.

It's the painful and the negative who teaches us who we are and what we still need to do. And you need to take comfort in the fact that you would never have chosen a path that you cannot see through. Don't fear the "negative" - embrace it and remember what Oprah Winfrey says: "What we should be doing with our lives comes to us in a whisper, then a message, then a crisis, then a disaster. So it pays to listen to the whisper!" L3...

Find out who you are and do it on purpose! - Dolly Parton

**What do I need from you?**

1. Your full name as it appears on your ID book or birth certificate
2. If you have changed your name within 2 years, I would need both names and need to do a comparison
3. Your date of birth
4. Cell number
5. E-Mail address
6. Car Registration
7. House number (where you live)

L3, Ms. Hatfield